

Grantsburg Youth Hockey Association Code of Conduct for Players

Each year we want the hockey player and parents or guardians to know what is expected of them through the hockey season. Everyone should endeavor to have a fun learning experience each year with minimum distractions. It is our hope that with mutual consent from players, parents, and coaches, that this will be accomplished. Cooperation and teamwork is vital to your team success!

Player Contract

In exchange for the opportunity to play for the Grantsburg Hockey Association, I promise to do the following:

Player Promises

Arriving To Practice and Games. I promise to be on the ice at the time the practice or game is scheduled for. I understand that if I am late for a game or practice it makes it hard for my coaches and teammates. If I contact my coach before the practice starts, and miss practice because of illness, church or special family activities, my absence will be excused. If I miss a practice or game without being excused, I understand the coach may enforce a penalty such as reduced play-time.

Be Prepared To Play. I promise to come to every practice, game and scrimmage prepared to play hard and to do my best. I will take care of my equipment, my uniform and my body by eating right and getting enough sleep before games and will be responsible for making sure I am ready to play hockey.

Be Ready to Learn. I will come to every practice and game ready to learn more about hockey and how to play the games. I will accept and forgive my mistakes and the mistakes of my teammates, coaches, referees and officials because I understand that we can all learn from our mistakes.

Winning Attitude. I like to win and my team likes to win and I know that a big part of a winning season is a winning attitude. That means that I will try hard, never give up and always try to encourage my teammates to try hard. Then, even if we do not win, we can be proud of ourselves for having done our best.

Respect for My Teammates. I will treat my teammates respectfully and will encourage them so they can do their best. I will help my teammates by exercising self-control both on and off the ice and to have fun without making it hard for anyone else to have fun. I will never “make fun of” or “put-down” a teammate because those remarks reflect poorly upon me and my team. I will not use offensive language and swearing around my teammates.

Respect for My Coaches. I will listen to my coaches and try to understand what they are trying to teach me. I will ask questions if I do not understand. I will not swear, use foul language or talk back to my coaches. I will suggest other ways to do things if I have an idea, but I agree that my coaches may prefer that I do things their way because it may be better for the team and it is their job.

Respect for Referees. Even though I may disagree with the officials or referees, I will exercise self-control and direct my energy to play harder so that I will earn the respect of my teammates, coaches and the other team. I will not swear to or talk back to the referees.

Respect for Grantsburg Hockey. I will demonstrate pride in Grantsburg Hockey by respecting the rules posted at our Hockey rink regarding spectator behavior, and also abiding by the rules of any other hockey rink the team may be visiting.

Penalties for Breach of Player Promises.

If I break any of my promises in this Player Contract, I agree that the coaches may give me a warning or ask me to leave the ice (Minor Penalty). If I continue to be disrespectful of these promises, I may be asked to leave the ice, have a meeting with the coach and parents, or be benched for several shifts, a period or a game (Major Penalty). I acknowledge that the penalty for my breaking my promise will be determined by the coaches based on how often I have broken my promises and the nature of my conduct and the circumstances at the time of the incident. If I receive a major penalty, I will be expected to tell my parents, honestly, how I broke my promises to the team.

If a parent has an issue with a coach's application of a penalty, they shall bring this information to the Parent/Player/Coach representative for their child's team.

GHA Player Code

The best performance the individual is capable of producing comes only after the body and mind have been conditioned through a regular program. This code is to be followed by all hockey players. The following shall be considered violations of the Code of Conduct:

- **ALCOHOLIC BEVERAGES** – The possession and/or use of alcoholic beverages.
- **CONTROLLED SUBSTANCE AND PARAPHERNALIA** – The possession and/or use of controlled substances or paraphernalia in situations other than specifically prescribed by a physician.
- **TOBACCO** – The possession and/or use of tobacco products. (Any use – smoking, chewing, etc.)
- **ILLEGAL ACTS** – Getting involved in illegal activities such as (but not limited to) theft, assault, vandalism, disorderly conduct, etc.

Penalties For Code Violation

The Parent/Player/Coach (PPC) members will be selected by the Hockey Association Board of Directors and will be responsible for investigating and enforcing all GHA code violations.

In the event a violation is reported to the PPC, the PPC shall notify the player and his parent(s) and provide them with the opportunity to address the alleged violation. The PPC shall then meet to consider all information relating to the violation and determine, in the PPC's discretion, whether or not a violation occurred. No meeting shall be required if the player and his parent(s) admit the violation. If the player and parent(s) disagree with the decision of the PPC, they may appeal that decision to the GHA board of directors.

In the event a violation is found, the penalty shall be as follows:

- 1st Offense – A three consecutive game suspension and five work hours
- 2nd Offense – A five consecutive game suspension and 10 work hours
- 3rd and Subsequent Offenses – A ten game suspension and 20 work hours

All work hours are to be done during rink hours and do not count toward hours required to be performed by each family during the season. All game suspensions and code violation hours must be completed prior to reinstatement.

Note: For High School players, WIAA rules and penalties shall be enforced and precede GHA policy.

The PPC may impose penalties including, but not limited to:

- Game suspensions
- Work hours
- Increased suspensions and work hours for subsequent offenses

All work hours are to be done during rink hours and do not count toward hours required to be performed by each family during the season. All game suspensions and code violation hours must be completed prior to reinstatement.

All violations and resulting penalties carry over from one season to the next season.

The suspension and work hour requirement will be implemented immediately after determination of a code violation has been made by the PPC Council. If the affected player's team has less than ten members and has multiple players currently facing suspension, the players' suspensions may be served consecutively to one another at the discretion of the coach and the PPC. If the player admits the violation, the player's coach may start the suspension prior to a formal finding of a violation by the PPC.

The suspended player must attend all practice sessions, games, scrimmages, etc. during the period of suspension and be on the bench in full gear with his/her teammates for suspension games. All penalties must be served on the player's primary team, and he/she shall not be allowed to skate up until the penalty has been served. Work hours required as part of the penalty shall be reported to the player's team's PPC representative.

If they do not comply, they can be asked by the PPC to be removed for the remainder of the season without reimbursement of registration fees or reduction of work hours.

The Code of Conduct is to be in full force on a year round basis, from registration to registration.

I have read and understand this Player Contract and agree to do the things I have promised above.

PLAYER

DATE

PARENTS/GUARDIANS

DATE

COACH

DATE